Cooking with Confidence - Children

**Duration:** 25 hours

**Day &Time:** Monday – Friday: 9:00am – 3:00pm; [Duration – 5 days]

**Target Group:** Children ages nine to twelve (9-12) and thirteen to sixteen (13-16) who are interested in becoming culinary professionals.

**Entry Requirements:** None

**Content:**
- Introduction to the Culinary Industry
- Stocks; Soups; Sauces
- Salads
- Rice; Potato; Pasta
- Plating Skills
- Breading
- Dining Etiquette
- Introduction to Baking
- Types of Baked Products
- Pastries, Breads and Cakes

**Level of Certificate:** Participation

**Exam:** None

**Cost:** $1,600.00 per person + $50.00 registration fee (includes course notes, ingredients and major equipment)

**Venue:** Chaguaramas (TTHTI)

**Registration:** Closes two weeks before the start of class. Registration is complete when all required fees are paid.

**Attire:** Participants are required to wear hair covering and aprons as well as whole shoes in the kitchen.

**Tools & Equipment:** None